

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Silver Menu Autumn 2019

caterlink
feeding the imagination

| | | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|------------|---------------------------|---------------------------------|------------------------------------|--|--------------------------------|
| Week 1 | Main | MSC Fishfingers | Home made Chicken Goujons | Roast Turkey and Gravy | Minced Beef Pie | Pork Sausage in a Hot Dog Roll |
| | | Chips | Fresh Salad | Roast Potatoes | Mashed Potato | Potato Wedges |
| | | Sweetcorn Coleslaw | Potato Wedges | Cauliflower Broccoli | Roasted Mixed Vegetables | Coleslaw Sweetcorn |
| | Dessert | Fruit and Yoghurt Station | Carrot Cake with Custard | Oaty Cookie | Apple Cobbler with Custard | Orange Drizzle Cake |
| Week 2 | Main | MSC Breaded Fish | Cottage Pie with Gravy | Roast Chicken, Stuffing and Gravy | Chicken Tagine | Cheese and Tomato Pizza |
| | Vegetarian | Chips | Peas | Roasted New Potatoes | Rice | New Potatoes |
| | | Baked Beans | Cauliflower | Cabbage Carrots | Sweetcorn Baked Tomatoes | Peppers Green Beans |
| | Dessert | Fruit and Yoghurt Station | Chocolate Shortbread | Apple Flapjack | Eves Pudding with Custard | Mixed Fruit Pie and Custard |
| Week 3 | Main | MSC Fish in Batter | Chicken and Gravy Pie | Roast Gammon with Gravy | Chicken Arrabiata Pasta | Spaghetti Bolognaise |
| | Vegetarian | Chips | Mashed Potato topping | Roast Potatoes | Tomato and Onion Salad | Carrots |
| | | Peas Carrots | Sweetcorn Broccoli | Fresh Mixed Seasonal Vegetables | Green Beans | Peas |
| | Dessert | Fruit and Yoghurt Station | Rice Pudding with Mixed Berries | Apple, Cheese and Biscuits | Chocolate and Mandarin Sponge with Chocolate Sauce | Banana Loaf and Custard |



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection